

Come and be a JOY MAKER.

A workshop for teen young carers 13 to 18 years
Saturday 24 October 2026
12:30pm to 3:30pm - includes lunch!

Make friends, make Joy Boxes and bring joy to kids with caring responsibilities across Australia.

 Banksmeadow, Sydney  caringkids.org.au



A SPACE JUST FOR YOU

The Joy Makers Workshop is a hands-on session at our Toy Workshop where you will meet other young carers your age who get it. No pressure to explain your caring role - just the chance to create Joy Boxes packed with toys, school stationery and sports equipment for junior young carers. Share lunch, enjoy creative experiences, and be part of the CaringKids experience.

You'll leave knowing you have created something with your own hands that will make a young carer feel seen and appreciated.

Ages 13 - 18

Free to attend

Trained facilitators



Why come along

-  Meet other young carers and build real friendships
-  Take a break from caring - be a kid for a few hours
-  Recognise a junior young carer with a Joy Box you created
-  Be heard by trained facilitators - at your own pace
-  Enjoy a yummy lunch from our favourite cafe

Connect

Meet other young carers in a relaxed, judgement-free space

Create

Work side-by-side to pack and decorate Joy Boxes

Give back

Send your Joy Box to a young carer somewhere in Australia you will make their day!